## A Day in the Life of a CFA Program Staff Member

- 7:30-7:45 Report to the Clubhouse for the morning meeting physically and mentally ready to begin the day.
- 7:45-8:00 It is within this time frame that ROPES, CANOES, & HORSES will need to be setup. All other staff will need to go to the dining hall to help meet and greet campers for an exciting day, as well as help the kitchen out with serving and dish return.
- 8:00-8:45 Time for breakfast! Make sure you get something to eat...you will need the energy later! Have a seat with the cabin that you will be leading for the day. Take this opportunity to meet the campers as well as the counselors. \*Keep an eye on the serving line as well as the dish return area to ensure that all your fellow staff members get an opportunity to eat.
- 8:45-9:00 ENERGIZERS!!!!!!!!!! Get ready to pump up the campers for an amazing day at camp. Sing, Dance and get CRAZY! This is your opportunity to show the campers how excited you are to be here at camp.
- 9:00-10:00 Your first activity of the day. Remember INTENTIONAL CAMPING is our goal. Your campers are going to be eager to learn new skills as well as having a blast!
- 10:00-11:00 Time for round two. Same kids, new activity! Remember to make the activity more than just an activity, make it a life lesson.
- 11:00-12:00 Last activity before lunch. Relationships are being made, and lives are being changed. You are doing an amazing job keeping the energy levels high and the excitement going. FYI We are so excited that you are here this summer!
- 12:00-12:30 Time for lunch! Remember that campers and volunteers always eat first. Help out your fellow staff members by switching with them on the serving line and helping out in dish return. The more we help one another out the better we work as a team.
- 12:30-1:00 You are working hard to make things happen, and now it is your chance to sit and enjoy the amazing job our kitchen staff does with meals. If possible sit with a cabin and enjoy the stories from the morning.
- 1:00-2:45 Cabin Time for the campers and their volunteers. Usually this is your opportunity to take some time to rest, reapply sunscreen, and drink plenty of water. During this time we may also have a meetings for the following week to talk about schedule, we may also have CIO's (Camp Improvement Opportunities) as well as CEO's (Camp Education Opportunities). These are to help keep camp looking good as well as a refresher course for some of the activities we run at camp.
- 2:45-3:00 Time to make sure afternoon activities are set up, then head over to the Pavilion to help set up Canteen.
- 3:00-3:30 Canteen Time, a.k.a. snack time at the pavilion. Campers may have just awakened from a nap, and will need your energetic attitude to help get them ready to enjoy the rest of the day. Feel free to grab a snack and share some dance moves with a camper or two.
- 3:30-4:30 Afternoon activity with the cabin that you started with, remember that they are looking up to you as a role model.
- 4:30-5:30 Final activity of the day. Once your cabin has completed the activity, have them help put things away. Grab the water jug and take it to the pavilion. HAVE WE MENTIONED THAT YOU ARE WHAT MAKES CFA GREAT!
- 6:00-7:00 DINNER TIME. Again, help one another out with serving and dish return. This is also when CNN (Camp News Network) will be held an opportunity for campers and volunteers to reflect on the day
- 7:30-10:00 The most popular part of the day for many campers at Camp For All is the exciting night programs we facilitate. Our nights are filled with dances, carnivals, talent shows, campfires, karaoke, etc., that brings an appropriate closing to the busy day.
- 10:00-? Campers head to the cabins. As a team we clean up the night activity, break out and have a great nights rest. THANKS FOR WORKING SO HARD AND NEVER FORGET THE IMPACT YOU HAVE ON A LIFE.